Update from a former student Simmons, Steven 9/14/2017

Allison,

I remember before graduating you mentioned that you like hearing from former students from time to time, so I would like to let you know what I am doing, and how I am using what I learned in your classes. Currently, I am in a yearlong gap year program where I am one of six fellows for the College of Community Health Sciences as a part of the UA-Pickens County Partnership. Through this project we are working to improve health disparities by partnering with the hospital, clinics, and other community organizations.

Two of my coworkers and I have been involved in a program called YouthBuild in Pickens county. This programs provides the opportunity for youth to work towards their GED, as well as giving opportunities to gain job skills. We have been going once a week and leading activities and presentations on topics such as nutrition, critical thinking, personal development, and public speaking (which was yesterday's topic). I was able to incorporate many of the principles and activities I learned in your classes to assist the students in their speaking abilities (mainly voice projection). It was remarkable to see that even with small reminders and a short vocal warmup, the students showed improvement in the delivery of their presentations. Thank you for teaching me all that you did.

Sincerely,

## **Steven Simmons**

Fellow | UA/Pickens County Partnership

Institute of Rural Health Research/College of Community Health Sciences The University of Alabama
North East Medical Building
Tuscaloosa, AL Phone 334-494-5332
stsimmons@ua.edu