

September 30, 2016

Peer Review VASTA 2016

Dear Review Committee Members,

On August 9, 2016 I had the privilege of attending a dynamic workshop called "Integrating Voice and Movement Methodologies In the Creation of Archetypal Figures" given by Allison Hetzel at the Voice and Speech Trainers Association conference in Chicago. This interactive workshop expertly integrated voice, movement, and acting using 'archetypes' inspired by the work of Frankie Armstrong and Janet Rodgers.

Ms. Hetzel began by introducing herself, the work, and what we would be exploring in the 1-hour session. The majority of the participants were seasoned educators and theatre practitioners. She clearly stated what the goals of the workshop were and gave a taste of the type of strategies that would be explored. Then she masterfully led the group through a movement, breathing, and voice warm-up that prepared us to embody the workshop exercises in a healthy manner. She immediately proved herself to be an expert with her use of language and seamless transitions, which allowed me to relax and unlock my creative potential for the upcoming explorations. Through the workshop, we explored several universal archetypes that stretched my human voice beyond anything that I usually express in my theatrical characters. We then concluded with a lively question and answer session where participants were energized and curious for more resources. Lastly, we were guided in how to find additional research opportunities, in-depth training, and books that we could take back to our institutions to help convey the message of the workshop.

Overall, this was an excellent workshop both in structure and content. There's every reason to think there are more voice and speech educators who would benefit from this 'archetype' hands-on practice. If I can provide you with any further information or assistance, please feel free to contact me at 917.687.9862 or via email at sschuld@illinois.edu.

## Best Regards, Susan Schuld

## ILLINOIS THEATRE

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