

Tuesday, August 9 • 4:00pm - 5:10pm, 2016 VASTA Conference

Integrating Voice and Movement Methodologies in the Creation of Archetypal Figures

Join us as we step into a variety of archetypal figures using as our preparation elements of the methodologies created by Lessac (body energies), Laban (energetic dynamics), Feldenkrais® (expanded movement) and Fitzmaurice® (destructuring). This experiential workshop will attempt to integrate elements of voice/movement and acting training while sparking the imagination and opening the doors toward new discoveries of our own universal figures called 'archetypes'. There will be time at the end of the workshop for discussion.

Speakers



Allison Hetzel

Associate Professor, University of Alabama

Allison Hetzel is an Associate Professor of Voice and Acting at the University of Alabama. Her vocal coaching credits include the Colorado Shakespeare Festival (2011), and the New York productions of *Hell* (2012) and *Alcestis Ascending* (2013).

Janet Rodgers

Janet B. Rodgers, a Lifetime Distinguished Member of VASTA, is co-author with Frankie Armstrong of *Acting and Singing with Archetypes* (Limelight Editions, 2009) as well as editor of VASTA's *The Complete Voice and Speech Workout* (Applause Books, 2001).

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Rm 401 (Only water allowed) 2350 N Racine Ave, Chicago, IL 60614

Workshop (WK)